

NICOLA FINCH

laserspa academy

HANDS-ON TRAINING INFORMATION

LOCATION

Nicola Finch Laserspa™ Academy

102-1289 Ellis Street

Kelowna, BC

(Downtown Cultural District)

Nicola's Cell: 778-214-0664

WHERE TO STAY

There are several hotels and Airbnbs within a one- to four-block radius of the academy. We are conveniently located within walking distance of restaurants, coffee shops, shopping, the waterfront, and many other amenities.

WHAT TO WEAR

Please wear **black pants and a black top**, or comfortable yet professional attire appropriate for working with clients and patients.

Acceptable attire includes:

- Scrubs
- Black leggings or tights
- Closed-toe shoes (no open-toe shoes or sandals)

Professional appearance is an important part of your training and reflects the standards expected in the medical aesthetics industry.

WHAT TO EXPECT

Hands-on training is generally held from **11.00 a.m. to 4:30–5:00pm.** each day. Ending times may vary slightly depending on models and treatment schedules.

Please bring:

- Snacks (if desired)
- Lunch (if you want to stay in)

There are many excellent restaurants and cafés nearby if you wish to go out for lunch.

During your hands-on training, you will perform treatments under supervision while building confidence in your practical skills. This is an interactive learning environment, so don't hesitate to ask questions throughout the day.

BEFORE YOU ARRIVE

Please ensure you have:

- Completed all required online theory and quizzes before attending.
- Reviewed your training manuals and notes.
- Contacted us if you have any questions regarding the online course or theory.

Final payment for the hands-on training is due two weeks prior to your scheduled training dates.

HANDS-ON TRAINING PROTOCOL

To ensure everyone has the best possible learning experience, please review the following guidelines before attending your hands-on training.

1. Arrive Ready to Learn

We are typically at the academy 10–15 minutes before class begins. Please arrive before **11:00 a.m.**, as training starts promptly at 11:00 a.m. If you arrive late, you may miss important information that could affect your successful completion of the course.

2. If You Are Running Late

We understand that unexpected situations can occur. If you are going to be late for an unavoidable reason, please send us a text message at **778-214-0664**.

3. Lunch Break

Lunch is generally **30–45 minutes**, depending on the day's schedule and our models. We cannot guarantee a specific lunch time.

If you are staying nearby, you are welcome to return to your accommodation. Otherwise, you may bring your lunch and eat at the academy, or enjoy one of the many cafés and restaurants located within a one- to two-block radius.

Please return from lunch on time.

4. Cell Phones

Please keep your cell phone turned **off** or on **silent** during training.

You are welcome to check your phone during breaks or lunch. Photos and videos may be taken for educational purposes only, provided client consent has been obtained.

5. Stay Focused

Our time together is limited, and we have a great deal of material to cover. Please avoid lengthy personal or business discussions during training.

We are always happy to answer questions, discuss business ideas, or provide career advice during lunch, breaks, or at the end of the day.

6. Ask Questions

If you have questions about anything we are covering, please ask.

There is no such thing as a silly question. If you do not feel confident with any procedure, please let us know immediately so we can review it together.

7. Keep Discussions Relevant

Please keep classroom discussions related to the course material.

There will be plenty of opportunities to get to know your fellow students during lunch and breaks.

8. Breaks

Bathroom, coffee, and tea breaks will be taken as needed.

Many students purchase coffee before class begins, as there is a coffee shop located next door. Fresh drinking water is available at the academy.

9. Bring a Notebook

Please bring a notebook and pen. You will be learning a great deal of information, and taking notes is strongly encouraged.

10. Evening Plans

Please avoid making dinner, wine tasting, or other evening reservations immediately after class.

Our finishing time varies depending on models and practical training. If you must make reservations, **7:00 p.m. or later** is generally recommended.

11. Study and Rest

Please allow yourself time each evening to review your notes and get a good night's sleep.

There is a lot of information to absorb, and being well rested will help you get the most from your training.

12. Illness

Please arrive healthy and well rested.

If you become ill during your hands-on training and are unable to complete the course, we cannot guarantee when we will be able to reschedule you, as courses are often booked several months in advance.

13. Travel Arrangements

If possible, plan to stay an additional night following your final training day.

We cannot guarantee what time the course will finish on the last day. If you are flying home, we recommend booking flights departing **after 7:00 p.m.**

We will do our best to accommodate your travel plans; however, we do not want you to miss important training by leaving early.

14. Leave Personal Matters at the Door

One of the qualities of a successful medical aesthetics professional is the ability to remain focused while treating clients.

Please leave personal concerns outside the classroom so you can give your full attention to your training.

15. Friends and Family

If your spouse, partner, family, or friends are accompanying you to Kelowna, please let them know that our schedule may vary.

Lunch times and finishing times cannot be guaranteed, and we encourage you to focus entirely on your education while you are here.

You may also wish to spend some time reviewing your notes each evening.

16. Take Your Training Seriously

We are excited that you are joining us, and we promise we will have fun while learning.

This is a **condensed, intensive program** designed for motivated students who are prepared to work hard. You were **accepted** into this program because we believe you can succeed.

17. Questions or Concerns

If you have any questions or concerns before or during your training, please don't hesitate to contact us.

18. Attendance and Rescheduling

If health or family circumstances prevent you from attending, we require **one month's notice** whenever possible.

If you are unable to complete your hands-on training after your reserved dates, we will do our best to reschedule you. However, **hands-on training fees are non-refundable**, as your space has been reserved specifically for you and other students may have been turned away.

We understand that unexpected situations can occur and will always do our best to work with you.

A Few Final Notes

If at any point you feel unprepared or lack confidence, please let us know. We are here to help you succeed.

Your **final practical assessment** will be based on your hands-on training. **There is no written final exam.**

Throughout the course, we will review proper protocols and procedures to ensure you feel confident performing each treatment safely and professionally.

If we feel you need additional practice with any procedure, we will continue working with you until you are comfortable and confident. We encourage you to let us know if there is anything you would like additional guidance on.

I am looking forward to meeting you and helping you begin your journey in this amazing profession. We are going to learn a great deal, build your confidence, and have a lot of fun along the way!

If you have any questions before your training, please don't hesitate to email or call.

See you soon!

Warm regards,

Nicola Finch

Medical Aesthetics Director

Nicola Finch Laserspa™ Academy